APPENDIX V – 17
Welcome To UHS!

Class of 2023
Happy To Meet You!
PENGUIN PARENTS TO THE RESCUE!
Help Us Help You

- Sign up for UHSPA and UHS text and email
- Friend us on Facebook
- Visit our website www.uhsparents.org
- Visit the school website http://www.tusd1.org/uhs
- Attend the UHSPA monthly meetings and make a new Penguin friend
- Read the Weekly Penguin Newsletter from Ms. Cislak
- Talk to your daughter or son (but then see above)
The SCHOOL Website
http://www.tusd1.org/uhs/

Tip: You can reach the UHSPA website by clicking FAMILY and then selecting PARENT ASSOCIATION on the UHS homepage.
UHSPA SITE: www.uhsparents.org

★ Sonia Apodaca-Harms: UHSPA Secretary, Webmaster ★

DISCLAIMER: This website is maintained and updated by volunteers. We do our very best to provide current and relevant information! Please be patient! Thanks!
Can UHS & UHSPA Send Me Updates via TEXT?

We can do it!
Here's How to Receive Texts from UHS (Principal & Administration)

All UHS 2023 Parents Send a Text to 81010 to receive updates from the Principal and Administration!

To: 81010
Message: @uhs-2023

Sign up for updates for Class of 2023 and other school notifications!
Here’s How to Receive Texts from UHSPA (PARENTS’ ASSOCIATION)

Send a Text to **81010**

to receive updates from the PARENTS’ ASSOCIATION

To: 81010
Message: @uhspa2023

Sign up for updates for Class of 2023 and other school notifications!
More Social Media?
Yes. We Are Everywhere.

uhsparents

@UHSParents
What if I don’t have easy access to the internet? What if I need information translated into a different language?

If you do not have a mobile phone, internet access or email, or if you have a preferred language request, please notify the school office so that we can help you get the information you need:

**UHS Office: 520.232.5900**
Attend Our Monthly UHS Parent Association Meetings
Thursdays 6:00 – 7:00 p.m.

2019
- August 8
- September 12
- October 17
- November 14
- December 12

2020
- January 9
- February 13
- March 5
- April 2
- May 7
Meeting Fatigue? Our Promise To You:

You will learn something about your child and UHS that you can’t learn anywhere else

- Principal Report and Guest Speakers

You will learn how you can help make UHS a better place to be

You will meet friendly people

Someone will offer you a snack

Someone will offer you a solution to a problem or concern…or at least a shoulder to lean on

The meeting will last about an hour
UHSPA Parent Volunteer Opportunities

- UHSPA Board Member
- Fundraising and Development
- Campus Care & Beautification
- Grad Night and Graduation Events
- Small Grant Awards
- Hosted Events/Staff Appreciation
- Office Assistance
- College and Career Center
- Secret Penguin
- Family Faculty Support
Attend A Welcome Wagon Event/Zip Code Party This Summer!

Our principal, Ms. Cislak, is organizing “Zip Code Parties” to help freshmen families get to know each other and...

...connect with parents who might be good carpool partners!

If you are not already signed up for an event near you, contact Principal Amy Cislak at:

Amy.Cislak@tusd1.org or the front office at 520.232.5900
Yes! I CAN’T WAIT TO JOIN THE FUN!

- Fill out the Volunteer Forms contained in the UHS Summer Mailing Packet and bring completed forms to Registration
- Forms available in the lobby after today’s presentation – fill it out and turn it in (please save a tree and don’t take extras with you)
- Sign up online, watch for sign-up opportunities on our website and social media: www.uhsparents.org
- Attend our August 8th meeting and raise your hand
Time To Talk Money... The Need Is Great
Two Campaigns This Year

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**Fall Annual Fund Drive**

Supports all of the UHSPA programming and purchases

$250 suggested donation - $25/month

Graduation at Centennial Hall
BOOST – planners, backpacks, water bottles
Tech Equipment & Library Books
Financial Support of Academic Competition Teams
Small Grants for Teachers – Textbooks and Continuing Ed
Welcome and End of the Year Breakfast for Teachers and Staff

Donate online at [www.uhsparents.org](http://www.uhsparents.org) or turn in your Annual Fund Donation envelope – available in the Lobby

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**Spring March Of The Penguins**

Supports UHSPA Mission-based projects, including the support of the CCCC

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Macauley College recruiter visits with UHS students.
FUNDRAISING VOCABULARY CHEAT SHEET

UHSPA Annual Fund: Charitable Donations to UHSPA 501(c)(3). Supports all UHSPA projects (graduation, BOOST, staff appreciation, etc.)
  - Donate online ([www.uhsparents.org](http://www.uhsparents.org) OR with envelope available in lobby.
  - Donation of $250 encouraged)

UHSPA March of the Penguins: Charitable Donations to UHSPA, but takes place in the spring and supports specific mission-based projects (e.g. College and Career Counseling)

AZ Public School Tax Credit: State program that allows contribution to UHS with a dollar-for-dollar tax credit. $200/400 limit. See your tax professional for details. These contributions may be made online at [www.tusd1.org](http://www.tusd1.org).
Support UHSPA When You Shop
You’re going to shop anyway and it’s easy to do!

Use our affiliate link to start your shopping at Amazon.com®
www.bit.ly/uhspa
(Bookmark it!)
Using this link changes nothing about your normal Amazon.com shopping experience. Share with everyone! Anyone worldwide can use it!

LINK YOUR FRY’S VIP CARD TO UHS

UHSPA earns money every time you shop!
Here’s another super easy way to help UHSPA raise funds everytime you buy groceries at Fry’s. Please connect your Fry’s Community Rewards card to the UHSPA account, especially if you just joined us at UHS (your card may still be connected to your student’s previous school).

WHAT TO DO:
(1) Visit www.FrysCommunityRewards.com
(2) Click “register” in the upper right corner and follow the instructions to create an account.
(3) Sign in and link your Fry’s VIP card to: University High School Parents’ Association - ID# N1329
(4) Smile. You’re gonna be a great help. Simple. Right?

Don’t have your Fry’s VIP card number? Call (866) 221-4141 for assistance.

USE BENEFIT MOBILE APP WHEN YOU SHOP IN STORES & ONLINE
Benefit is a free iPhone and Android app that allows you to shop at places like Target, Starbucks, Amazon, Walmart and many more and give up to 20% of every transaction back to the UHSPA. Just shop like you normally do. When it comes time to checkout, instead of pulling out your credit card, pull out the Benefit app and purchase a digital gift card that you redeem instantly.

Download the app and select UHSPA as your chosen beneficiary to start giving today. Start at: https://www.benefit-mobile.com/causes/uhspa
SHINE A SPOTLIGHT ON

GRAD NIGHT
WHAT'S GRAD NIGHT & WHY DO I WANT TO VOLUNTEER?
THE “PAY IT FORWARD” EVENT OF THE YEAR
KEEP THE GRAD NIGHT TRADITION ALIVE!

Volunteer as a committee member:

✔ Committee Chair and Co-Chair
✔ Security / Facilities Chair
✔ Cleanup Coordinator
✔ Fundraising / Donations Asst.
✔ Prizes Asst.

✔ Decor / Set Up Chair and Co-Chair
✔ Entertainment Co-Chair
✔ Declaration Night Liaison Asst.
✔ In House Promotions Asst.

Job descriptions and robust mentorship provided!!!

Ready to volunteer? Email us at gradnight@uhs-pa.org
Just Tell Me The Stuff I Really Want To Know

Tips for surviving the first few weeks of High School...
Tip #1: **ParentVUE** - get access NOW

All families should have a Parent VUE account by now. If you do not, call the front office at 520.232.5900 or email the front office at Martina.Kimball@tusd1.org

This gives you access to grades, teacher communication, fee payment, etc.
Tip #2: Show Up On The First Day of School
Thursday, August 1st – Class begins at 8 a.m.

Tip #3: Attend Schedule Pick Up Days
Freshmen: Thursday July 25th
July 26 - July 31: Make-up Registration Dates

<table>
<thead>
<tr>
<th>Last Name Beginning with:</th>
<th>Time</th>
</tr>
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<tbody>
<tr>
<td>A-L</td>
<td>12:00-1:30 PM</td>
</tr>
<tr>
<td>M-Z</td>
<td>1:30-3:00 PM</td>
</tr>
</tbody>
</table>

Schedule Pick Up begins in the Auditorium Lobby
What to Bring to Schedule Pick Up Day

Your child, completed UHSPA paperwork, completed sports physical paperwork (pick up next week at BOOST) and your wallet if you haven’t paid online.

Pick up books, your schedule and have your School ID and Yearbook photo taken.

Locker rental
PSAT exam fee
Yearbook

Extracurricular fees:
Sports participation, fine arts participation
Sporting Events Season Pass

UHSPA Annual Fund Donations Accepted
Call 520-232-5900 to report an absence, late arrival or arrange for a hall pass. If possible, have your child bring a note to the attendance office that morning.
Tales From The Lunchroom

UHS is a closed campus – no leaving

Lunch is available for purchase - cafeteria

Some students find it easier to bring their lunch from home for the first few weeks

Free and reduced lunch is available – please contact the office if you need help signing up

Students eat lunch in the cafeteria, outdoors, or in some classrooms (ONLY with permission)
Stuff!
What To Bring, What To Leave At Home

Bring On The First Day

▪ Backpack – lockers are not always close by
▪ A few, basic school supplies (paper, pen, pencil, binder). Teachers will recommend other items to purchase the first few weeks.
▪ School ID
▪ Copy of class schedule
▪ Lunch/lunch money and WATER
▪ A transportation plan

Don’t Bring On The First Day

▪ Computer/tablet
▪ A new calculator...wait to buy/borrow a new calculator until you talk to your math teacher. You can probably use what you already have.
▪ A stubborn attitude. Class schedules, books, etc. may change. Be as flexible as possible.
The Rest Of The Fall – Condensed Version

Take time to enjoy the FUN happening on this campus! Sports, Fine Arts, Clubs, Community Service and more!

Back To School Night –
Tuesday August 6th @ 6 pm

Homecoming Game –
Friday, September 13th

Homecoming Dance –
Saturday, September 14th

PSAT - October
Questions & Answers

UHSPA
MEETING
AUGUST 8TH
6:00 PM

See you in August, Friends!
Let’s Connect!

UHSPA’s Guide To Staying In Touch
Because We Want You To Know!

EMAIL
❑ To receive email updates from UHSPA, send an email to sign up:
   communications@uhs-pa.org
   Please include the following in your email:
   • Student’s full name
   • Your full name and email
   • Spouse’s email and his/her full name
   **If you have more than one student, be sure to sign up for each class email

TEXTS
❑ To stay informed from the Parents’ Association on your phone use the Remind Texting App:
   Text 81010 with message:
   @uhspa2020 -- for class of 2020
   @uhspa2021 -- for class of 2021
   @uhspa2022 -- for class of 2022
   @uhspa2023 -- for class of 2023

ON THE WEB
❑ www.uhsparents.org
   Or follow the link on the school website:
   http://tusd1.org/uhs
   (click FAMILY and then select PARENT ASSOCIATION)

MONTHLY E-NEWSLETTER
❑ Sign up at http://uhspa-news

SOCIAL MEDIA
Facebook: @uhsparentsasnn (LIKE & FOLLOW us!)
Instagram: @uhsparents
Twitter: @uhsparents